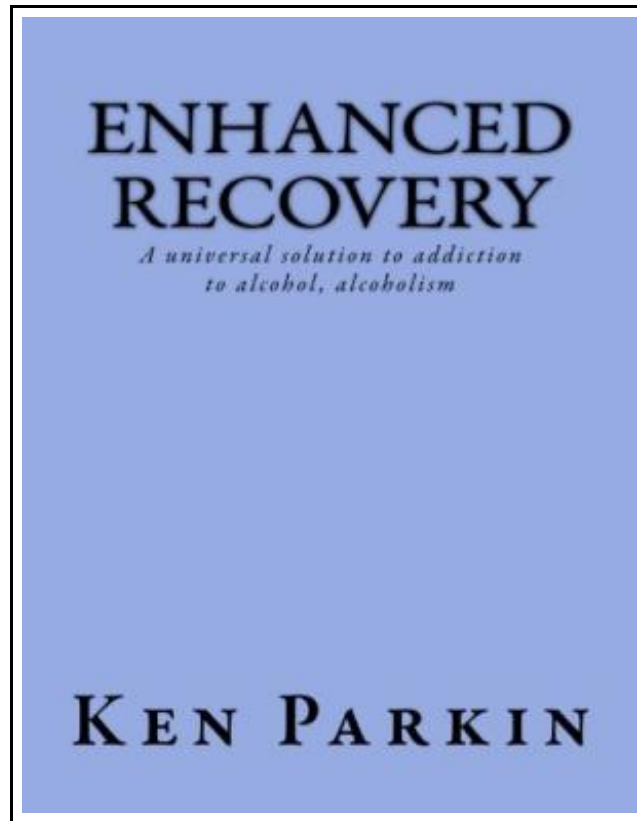


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Createspace, United States, 2014. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Enhanced Recovery describes a universal process of recovery and can be used as a manual to go through the recovery process or be an introduction to recovery and help in getting started in recovery. It is intended for new people in AA who have entered recovery, and people already established in recovery who may wish to enhance themselves to further enjoy life and be able to better assist new people in recovering. It contains clear directions and worksheets for the steps to make the process easy to understand and follow. For those not familiar with Alcoholics Anonymous, it contains a description, i.e., a view important to those not familiar with AA since the solution involves becoming a participating member. It can also be useful to others who know of people with drinking problems or to anyone interested in what recovery is all about; this can, of course be family members, friends, and co-workers. It can also be useful to spiritual leaders, counselors, and mental health professionals who would like to know more about the universal solution so they can better determine how to assist or direct people with drinking problems into recovery and/or in recovering. It also points out the most important facts, the essentials, to getting into recovery and recovering successfully. It contains information on what new people can expect and thus hedge them from possible resistances before they have them, potentially increasing the rate of AA successes as a whole. It lists many possible resistances (internal and external); i.e. causes for rejecting AA, and how they are overcome. This aids in preventing them from being blindsided with their resistances before they have a chance to become...

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