



## Speed Reading Techniques: The 10-Step Program That Develops Speed Reading Habits, Improves Concentration, and Quadruples Your Reading Speed. (Paperback)

By Andrew Williams

Createspace, United States, 2015. Paperback. Book Condition: New. Large Print. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Speed Reading Techniques: The 10 Step Program That Develops Speed Reading Habits, Improves Concentration and Quadruples Your Reading Speed is a simple, effective plan for dramatically improving your reading speed using traditional speed reading techniques and groundbreaking brain training exercises. One of the fundamental facts of life is that time is fleeting and you can't get back what you waste. So why waste any more time reading slowly? From the time we are small children learning to read, we begin to create and solidify bad habits that slow our reading speeds and hamper comprehension for the rest of our lives. These powerful, yet deceptively simple, techniques will give you the tools to change those bad reading habits forever in just 20 minutes a day for one month. We will discuss what materials are appropriate for speed reading and which are not; The proper environment for effective speed reading; Ways to trick your mind into reading chunks rather than words; How to change your computer and tablet to get the most out of your reading; How...



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