



## Fasten Your Seatbelt: A Crash Course on Down Syndrome for Brothers and Sisters

By Brian Skotko and Susan P. Levine

Woodbine House, 2009. Softcover. Book Condition: New. Even the closest brothers and sisters don't always get along or understand each other. Add a disability like Down syndrome to the mix, and that sibling relationship gets even more complicated, especially for teenagers. Fasten Your Seatbelt is the first book written exclusively for teens with a brother or sister with Down syndrome. In an easy-to-read, question & answer format, it tackles a broad range of their most common issues and concerns. Nearly 100 questions -- all posed by teen siblings -- are grouped into the following categories: . Facts and stats about Down syndrome . How people with Down syndrome learn . Handling parent and family conflicts . Dealing with your sibling's frustrating behaviors . Managing uncomfortable situations . Sorting out your feelings . Becoming an advocate . What the future holds for you and your sibling . Finding local and national resources Thoughtful, knowledgeable answers are provided by Brian Skotko, the brother of a young woman with Down syndrome, and Sue Levine, a social worker focused on sibling issues for the past 30 years. Fasten Your Seatbelt gives teens the green light to explore their own feelings and questions about their...



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### Reviews

*Complete information for publication fans. Better then never, though i am quite late in start reading this one. Its been written in an extremely straightforward way in fact it is just soon after i finished reading this ebook in which basically altered me, change the way i believe.*

-- **Ellie Stark**

*Simply no phrases to clarify. It is really basic but surprises from the 50 percent of the ebook. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

-- **Mr. Noah Cummerata IV**

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