



The Immigrant Advantage: What We Can Learn from Newcomers to America about Health, Happiness and Hope

By Kolker, Claudia

Free Press, 2013. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Do you have a relative or friend who would gladly wait on you, hand and foot, for a full month after you had a baby? How about someone to deliver a delicious, piping hot home-cooked meal, just like your mother s, right to your front door after work? Do you know people you d trust enough to give several hundred dollars a month to, with no receipt, on the simple promise that the accumulated wealth will come back to you a year later? Not many of us can answer yes to these questions. But as award-winning journalist Claudia Kolker has discovered, each of these is one of a wide variety of cherished customs brought to the United States by immigrant groups, often adapted to American life by the second generation in a distinctive blending of old and new. Taken together, these extraordinary traditions may well contribute to what s known as the immigrant paradox, the growing evidence that immigrants, even those from poor or violence-wracked countries, tend to be both physically and mentally healthier than most native-born Americans. These customs are unfamiliar to...



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