



My Daily Life (Paperback)

By Anthony J Paone

Catholic Courses, United States, 1975. Paperback. Book Condition: New. 127 x 89 mm. Language: English . Brand New Book. My Daily Life is the follow-up title, and natural complement to Father Paone's indispensable My Daily Bread. While the latter focused on the interior life, My Daily Life focuses on the exterior life, offering practical advice on daily living and getting to the heart of human nature. This powerful little volume will help you navigate a world that is no paradise, neither an utter hell. My Daily Life offers sound advice on a host of daily struggles, including: - How to strive for earthly fulfillment within the bounds of reason, reality, and morality (p. 12) - How to overcome our insecurity in a world that we cannot control (p. 59) - How to achieve self-possession by controlling undue anger (p. 87) - How to face life with a realistic outlook and avoid being overly emotional (p. 122) - How the theological virtue of hope can benefit us in our earthly goals as well (p. 273) - And much more. Father Paone presents the readings in bite-sized portions that make it easy to maintain a daily devotional schedule. This convenient, palm-sized book...



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